
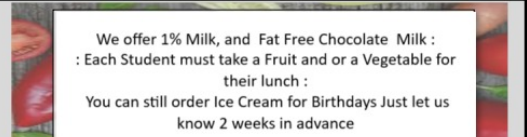


"À la carte" items are individual snacks/ice cream and are priced and ordered separately from meal.



APRIL



We offer 1% Milk, and Fat Free Chocolate Milk :
: Each Student must take a Fruit and or a Vegetable for their lunch :
You can still order Ice Cream for Birthdays Just let us know 2 weeks in advance

Lyndeborough Central School

For more information please contact
Food Service Director Megan Nantel 603-732-9192
FRES {LCS Breakfast} Site Coord Kristi Costello 603-732 9283
WLC {LCS Lunch} Site Coord Melodie Jones 603-732-9344
<https://www.mymealtime.com/>

LUNCH MENU

Note: Menus are subject to change without notice

Lunch Meal Prices
Reduced \$.40
Paid \$3.05
Adult \$4.00
Milk alone \$.50

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Shepherds Pie Garlic Bread Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Dressing Milk	2 Chicken Fajitas with Peppers & Onions Cilantro-Lime Brown Rice Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Dressing Milk	3 Italian Sub Lettuce and Tomato Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Dressing Milk	4 Pizza Garden Salad Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk
7 Pasta Meat Sauce Peas Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk	8 Orange Chicken Veggie Fried Rice Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk	9 WLC Rib Sandwich Corn on the Cob Coleslaw Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Italian Dressing Milk	10 Beef and Bean Burrito Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk	11 Bosco Sticks Garden Salad Italian Dressing Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk
14 Macaroni & Cheese Chicken Nuggets Side Caesar Salad Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Ranch cup Milk	15 Swedish Meatballs over Egg Noodles Honey Ginger Carrots Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk	16 Crispy Chicken on a Bun Oven Fries Cheesy Broccoli Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk	17 Beef Ramen Noodle Bowl Sushi Fortune Cookie Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk	18 Pizza Garden Salad Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk
21 Beef Taco Pasta Salsa Sauce With Peppers & Onions Garden Salad Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Italian Dressing Milk	22 French Toast Sausage Links Fruit Salad Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Dressing Milk	23 Chicken Philly Sub With Peppers & Onions Tater Tots Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk	24 Bosco Sticks Garden Salad Italian Dressing Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk	25 Hot Dog Potato Salad with egg Baked Chips Frozen Treat Watermelon Assorted Fresh Vegetables Milk
28 NO SCHOOL TODAY Spring Break	29 NO SCHOOL TODAY Spring Break	30 NO SCHOOL TODAY Spring Break		

Side/Entree Garden Salad Consist of:

Romaine lettuce Carrots Cucumbers, Tomatoes, Peppers, celery.:

Chicken choices: Teriyaki, Crispy, Italian, BBQ, Mandarin Orange.

Dressings: Golden Italian, Balsamic Vinaigrette, Raspberry Vinaigrette, Creamy Caesar, Ranch.

Cold Daily Options Boxes Entree s Ham and Cheese or Turkey and Cheese Wraps, Sunbutter and Jelly Sandwich, Pizza Lunchable or Fruit Parfait with a cheese stick and granola Mixture of Fresh and Cupped Fruit. Fresh vegetables with Dip offered daily

This Institution is an Equal Opportunity Provider