


# Florence Rideout Elementary School

"À la carte" items are individual snacks/ice cream and are priced and ordered separately



# MAY

Available Daily

- Fresh & Cupped Fruit
- Assorted Milk Varieties

For more information please contact  
Food Service Director Megan Nantel 603-732-9192  
FRES {LCS Breakfast} Site Coord Kristi Costello 603-732 9283  
WLC {LCS Lunch} Site Coord Melodie Jones 603-732-9344  
<https://www.mymealtime.com/>

## LUNCH MENU

Note: Menus are subject to change without notice

Lunch Meal Prices  
Reduced \$.40  
Paid \$3.05  
Adult \$4.00  
Milk alone \$.50

Monday	Tuesday	Wednesday	Thursday	Friday
			1 NO SCHOOL TODAY Spring Break	2 NO SCHOOL TODAY Spring Break
5 Beef Taco Mexican street Corn Grandma’s Chocolate Chip Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk	6 Grilled Ham & Cheese Summer Pasta Salad Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk Parfait/Smoothie	7 General Tso Chicken With Peppers & Onions Veggie Fried Rice Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk	8 Crispy Fish Sandwich Lettuce Oven Fries Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk	9 Pizza Garden Salad Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk
12 Chicken Parmesan over Spaghetti Garlic Bread Green beans Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk	13 Hamburger Or Cheeseburger Lettuce and Tomato Colossal Crinkle Fries Coleslaw Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk	14 Chicken Tenders Pretzels Cheese Sauce Roasted Broccoli Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk	15 Bosco Sticks Garden Salad Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk	16 Early Release Grab and Go Italian Sub Or SBJ Baked Chips Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk
19 Chicken Broccoli Alfredo with Penne Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk	20 Beef and Veggie Lo Mein Sushi Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk	21 Crispy or Spicy Chicken Pattie Sandwich Coleslaw Potato Smiles Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk	22 Pizza Garden Salad Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk	23 No School
26 Memorial Day No school	27 Hot Dog Baked Beans Macaroni Salad w/ Veggies Corn on the Cob Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk	28 BBQ Chicken Wings Coleslaw Onion Rings Carrots Sticks Celery Sticks Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk	29 Breakfast for Lunch Egg Scramble Hash Brown Patty Waffles Sausage Links Fruit Salad Syrup Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk	30 Bosco Sticks Marinara Dipping Cup Garden Salad Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk

**Side/Entree Garden Salad Consist of:**

**Romaine lettuce Carrots Cucumbers, Tomatoes, Peppers, celery.:**

**Chicken choices: Teriyaki, Crispy, Italian, BBQ, Mandarin Orange.**

**Dressings: Golden Italian, Balsamic Vinaigrette, Raspberry Vinaigrette, Creamy Caesar, Ranch.**

**Cold Daily Options Boxes Entree s Ham and Cheese or Turkey and Cheese Wraps, Sunbutter and Jelly Sandwich, Pizza Lunchable or Fruit Parfait with a cheese stick and granola Mixture of Fresh and Cupped Fruit. Fresh vegetables with Dip offered daily**

**This Institution is an Equal Opportunity Provider**