



WILTON-LYNDEBOROUGH
MIDDLE SCHOOL AND HIGH
SCHOOL

JUNE

We offer 1% Milk, and Fat Free Chocolate Milk :
: Each Student must take a Fruit and or a
Vegetable for their lunch :

For more information please contact
Food Service Director Megan Nantel 603-732-9192
FRES (LCS Breakfast) Site Coord Kristi Costello 603-732 9283
WLC (LCS Lunch) Site Coord Melodie Jones 603-732-9344
<https://www.mymealtime.com/>

LUNCH MENU

Note: Menus are subject to change without notice

Lunch Meal Prices
Reduced \$.40
Paid \$3.05
Adult \$4.00
Milk alone \$.50

Monday

2

American Chop Suey
Green Beans
Assorted Fresh and
Cupped Fruit
Assorted Fresh
Vegetables
Milk

Tuesday

3

Chicken Tenders
Pretzels
Cheese Sauce
Roasted Broccoli
Assorted Fresh and
Cupped Fruit
Assorted Fresh
Vegetables
Milk

Wednesday

4

WLC Rib Sandwich
Corn on the Cob
Coleslaw
Assorted Fresh and
Cupped Fruit
Assorted Fresh
Vegetables
Milk

Thursday

5

Hot Dog
Potato Salad with egg
Frozen Treat
Watermelon
Assorted Fresh
Vegetables
Milk

Friday

6

Bosco Sticks
Marinara Dipping Cup
Garden Salad
Assorted Fresh and
Cupped Fruit
Assorted Fresh
Vegetables
Milk

9

Grab and Go
SBJ
String Cheese
Baked Chips
Apple
Carrot
Grandma's Chocolate Chip
Milk

10

11

12

13

Side/Entee Garden Salad Consist of: Romaine lettuce Carrots Cucumbers, Tomatoes, Peppers, celery.: Chicken choices: Teriyaki, Crispy, Italian, BBQ, Mandarin Orange Dressings: Golden Italian, Balsamic Vinaigrette, Raspberry Vinaigrette, Creamy Caesar, Ranch. Cold Daily Options Boxes Entree s Ham and Cheese or Turkey and Cheese Wraps, Sunbutter and Jelly Sandwich, Pizza Lunchable or Fruit Parfait with a cheese stick and granola Mixture of Fresh and Cupped Fruit. Fresh vegetables with Dip offered daily

This Institution is an Equal Opportunity Provider